Keys to Handling Discouragement

Our Riches in Christ : Study in Ephesians, Part 10a

Ephesians 3:13 September 2, 2012

Sermon Notes

I. Background/quick review

A. Our common standing in Christ: fellow citizens, royal family members, living stones in God's holy temple. (cf. Eph. 2: 19-22; I Pet. 2:5)

B. We have an amazing, extravagant, ***lavish*** inheritance in Christ. (cf. Eph. 1:7,18; 2:7; 3: 8,16)

II. Keys to handling discouragement.
Discouragement defined: to deprive of courage or confidence. Synonyms: disheartened, depressed, hindered.

A. Remember, ***no one*** is exempt from discouragement. (cf. Joshua 1:9; Mk. 9:19)

B. When discouraged, don't ***isolate*** yourself.

C. Walking in God's will won't ***exclude*** you from discouragement, but it will ***protect*** you from being overwhelmed by it. (cf. II Cor. 4:8-9)

D. ***Pour out*** your heart to God. (cf. Ps. 62:8; Lam 2:19a)

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